Department of Wellness and Recreation
Student Employee Benefits

PERKS

Free Towel Service
All of our student employees receive free towel service for the duration of their employment – that’s saving you $22 each semester!

Free CPR/AED Certification
All student employees are eligible to receive free CPR/AED certification, regardless of position.

Non-Standard Business Hours
The Herbert Wellness Center is opens as early as 6 a.m. and closes as late as midnight during the week, so we offer a wide range of shifts to our students.

Student Employee Appreciation Week
In collaboration with the Office of Student Employment, our department hosts our very own Student Employee Appreciation Week. The week’s activities typically include chair massages, free smoothies, pizza nights, an ice cream sundae bar and more!

Student Employee Contests
Especially around the holidays, we’ll host costume contests and other fun events for our students.

Student Employee Recognition
The URock program is an ongoing student employee recognition program that recognizes student employees who go above and beyond. Prizes for URock awards include free smoothies and Herbert Wellness Center pro shop items. At the end of the Spring semester, the department hosts the Jack Kelsey Awards to recognize our outstanding student employees.

SKILLS/OUTCOMES

Critical Thinking and Problem-Solving Skills
In any position in our department, patrons will be sure to keep you on your toes! As a student employee, you’ll learn how to effectively resolve conflicts and strengthen your decision-making skills.

Collaboration and Appreciation for Diversity
The Herbert Wellness Center is a hotbed for students, faculty, staff and alumni. You’ll have the opportunity to interact with people from diverse backgrounds and experiences on a daily basis.

Professional Development
Many areas within the department offer advancement opportunities allowing our student employees to gain supervisory experience. But even as an entry-level employee, you’ll learn how to plan, prioritize and effectively complete a variety of tasks throughout the year.

Risk Management/Emergency Response
With so much activity going on in our building, accidents are bound to happen. Our student employees gain experience responding to emergencies and remaining calm in the face of crises.

Understanding and Enforcing Rules and Policies
In order to maintain a safe and welcoming environment for all, the Herbert Wellness Center has many policies and procedures. Overtime, our student employees learn the ins and outs of our operation and become strong resources for our patrons.

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