

Fall 2019

Session 1: 8 Weeks- August 19th through October 12th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30am Leslie	6:30am Leslie (Tu/Thur)		6:30am Leslie (Tu/Thur)		
	7:30am Leslie				
8:00am Virginia (Mon/Wed)	8:00am Virginia (Tue/Thur)	8:00am Virginia (Mon/Wed)	8:00am Virginia (Tue/Thur)	8:00am Virginia	8:00am Virginia
9:00am Virginia (Mon/Wed)	9:00am Megan (Tu/Thur) -	9:00am Virginia (Mon/Wed)	9:00am Megan (Tu/Thur)	9:00am Virginia	9:00am Virginia
10:00am Virginia (Mon/Wed)	10:00am Megan (Tu/Thur)	10:00am Virginia (Mon/Wed)	10:00am Megan (Tu/Thur)	10:00am Virginia	10:00am Virginia
	11:00am Megan		11:00am Megan		11:00am Virginia
	4:00pm Sarah				
	5:00pm Ingrid (Tu/Thur)		5:00pm Ingrid (Tu/Thur)		
	6:00pm Ingrid (Tu/Thur)		6:00pm Ingrid (Tu/Thur)		
7:00pm Sarah (Mon/Wed)	7:00pm Ingrid (Tu/Thur)	7:00pm Sarah (Mon/Wed)	7:00pm Ingrid (Tu/Thur)		

Registration starts Monday, August 12th at 7:30 a.m. and is ongoing until classes are filled.

UNIVERSITY OF MIAMI
**PATTI & ALLAN HERBERT
 WELLNESS CENTER**

